

Who can refer?

You can refer yourself to the **D'N'A** Project or anyone can make a referral on your behalf, including:

- ▶ Parent or guardian
- ▶ Professional acting on behalf of young person
- ▶ Agencies working in partnership with the **D'N'A** Project

How do I contact D'N'A?

- ▶ To refer yourself or someone else contact a **D'N'A** worker by phoning 01252 312373
- ▶ We are open Monday to Friday 9am - 5pm
- ▶ We can be emailed at info@stepbystep.org.uk

Useful phone numbers

Drug Advice Services

Surrey Drugs Care 01483 300112
Surrey Young People's Services .01737 773482
Cranstown (Hampshire) Young People's
Services01256 819315
The National Drugs Helpline0800 776600
Release0207 603 8654
Acorn Adult Services (Surrey) . .01483 450256
Acorn Adult Services (Hampshire)
.01276 670883
Options - Alcohol and Drug Counselling
Information Service (Aldershot & Hampshire
wide service for 18+)01252 330055

Healthcare

Frimley Park Hospital01276 604604
The Royal Surrey Hospital01483 571122

Housing

Step by Step01252 312364
Hyde Housing Association02380 337334
Rushmoor Borough Council01252 398398
Hart District Council01252 622122
Hampshire Youth Bureau01252 324499

Agencies working in partnership D'n'A:

Step by Step, Rushmoor Borough Council,
Hart District Council

D'N'A is funded by:

Supporting People and Rushmoor Borough Council



D'N'A

A DRUG, ALCOHOL AND HOUSING SUPPORT SERVICE

FOR YOUNG PEOPLE AGED 16 - 25



with Surrey and
Borders
Partnership

NHS Trust

D'N'A

We provide a service, centred around young people, which is easily accessible and meets a variety of needs, in a way that is individually tailored to each young person.

Who's it for?

Anyone aged 16-25, who has a problem with the use of drugs and/or alcohol, which is causing them difficulties in accessing and maintaining housing.

The service is open to those young people residing in the area of Rushmoor & Hart.

What does it provide?

D'N'A offers a holistic approach to drug, alcohol and housing issues.

We provide a wide range of services to young people to help reduce the problems caused by, or associated with drug and/or alcohol use.

We provide support in accessing and maintaining housing.



What does it offer?

- ▶ **free** and **confidential** service
- ▶ one-off information sessions
- ▶ harm reduction advice, support and counselling for drug and alcohol related issues
- ▶ advice on housing issues and support in maintaining and accessing housing
- ▶ advocacy work, to include information, advice and support for health problems, education, employment, legal problems and relationship/family issues
- ▶ information and advice for parents/guardians and families
- ▶ referrals to and help to access other services
- ▶ access to young persons' healthcare and prescribing
- ▶ access to HIV, Hepatitis B & C testing, and Hepatitis B vaccinations
- ▶ relapse prevention work
- ▶ overdose prevention
- ▶ urine drug testing
- ▶ access to community detox