

Supporting young people to succeed every step of the way



Empowering homeless young people and
those facing adversity to reach their full potential

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Step 1



Following individual assessment, our fully trained staff deliver 24/7 support to those with high levels of need. Step 1 has 15 single ensuite bedrooms, a large shared kitchen, dining area, lounge and laundry facilities.

We offer a range of supportive training programmes and individual keyworking sessions which help young people deal with their immediate issues and gain valuable skills. Telephone: 01252 346101

Step 2

For those requiring on-going support, Step 2 offers increased independence in 15 single ensuite bedrooms within four clusters. Four residents share access to kitchen, dining and laundry facilities. Support is still offered 24/7 through individual keyworking sessions and our supportive training programmes, with the emphasis on increased client responsibility and independence. Telephone: 01252 346102



Step 3



Step 3 provides a further step towards increased independence. Accommodation is provided in one of seven flats in North Town, Aldershot and clients can access regular support and advice through our Floating Support service. Access to our training programmes and Youth Advice, Information and Mediation Service (AIMS) is still available. Telephone: 01252 346104

Step 4

The final step provides accommodation in seven individual flats located around Farnborough and Aldershot within the local community. Stays of up to two years are provided with on-going support given by our Floating Support service. Telephone: 01252 346104



Supported Lodgings



We recognise that some young people are better suited to being in a family home rather than in our Foyer with its shared accommodation. Our Supported Lodgings service was developed in 1998 to provide supported placements in family homes similar to a foster care environment. Placements are available across a wide geographic area. Telephone: 01252 346103

Floating Support

Individual keyworking sessions and telephone services provide support to our Step 3 and 4 clients and non-residents living in the community. This helps young people to continue to manage their tenancies and finances successfully and to increase their independence. Telephone: 01252 346104

Youth AIMS

Our Youth Advice, Information and Mediation Service (AIMS) gives support and mediation to young people and their families in areas such as housing, homelessness, money and debt management, relationships and employment; it also offers a family mediation service. The service is run in partnership with Hampshire County Council Children's Services and Rushmoor Borough Council and is available to all young people requiring support. Telephone: 01252 346105



D'n'A

Our confidential Drugs and Alcohol (D'n'A) service is provided in partnership with Surrey & Borders Partnership NHS Foundation Trust and gives young people the opportunity to access individual support to tackle any substance abuse and housing issues they may have. Telephone: 01252 346106

Training

Our training is offered as part of our Step 1 and Step 2 services and offers support to enable individual progression and development. In addition, we offer short residential programmes as well as accredited training and IT access to young people. If you have a specific training query, please contact our main number on 01252 346100.



More information

For further information about Step by Step services, please contact:

Tel: 01252 346100
Fax: 01252 346136
Email: info@stepbystep.org.uk
Web: www.stepbystep.org.uk

Step by Step empowers young people and those facing adversity to achieve their full potential. We offer a stepped accommodation service and provide one-to-one support and training to build skills and achieve independent living.

Our services include:

- **Step 1:** an intensive supported living programme which builds important life skills.
- **Step 2:** a progression from Step 1, helping young people to increase their independence.
- **Steps 3 and 4:** semi-independent living in self-contained flats with floating support to prepare young people for full independence.
- **Education & Employment:** support for entering employment, vocational training or education.
- **Peer Education:** a volunteer programme where young people use their own experience to educate their peers in the community.

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