

## Who can refer?

You can refer yourself to the **D'N'A Project** or anyone can make a referral on your behalf, including:

- ▶ Parent or guardian
- ▶ Professional acting on behalf of young person
- ▶ Agencies working in partnership with the **D'N'A Project**

## How do I contact D'N'A?

- ▶ To refer yourself or someone else contact a **D'N'A worker** by phoning 01252 346106
- ▶ We are open Monday to Friday 9am - 5pm
- ▶ We can be emailed at [info@stepbystep.org.uk](mailto:info@stepbystep.org.uk)

## Useful phone numbers

### Drug Advice Services

Surrey Drugs Care . . . . . 0808 802 5000  
Surrey Young People's Services 01737 773482  
Cranstown (Hampshire) Young People's Services . . . . . 01256 819315  
The National Drugs Helpline . . . 0800 776600  
Release . . . . . 0845 4500 215  
Acorn Adult Services (Surrey) . 01483 450256  
Acorn Adult Services (Hampshire) . . . . . 01276 670883  
Options - Alcohol and Drug Counselling Information Service (Aldershot & Hampshire wide service for 18+) . . . . . 01252 330055

### Healthcare

Frimley Park Hospital . . . . . 01276 604604  
The Royal Surrey Hospital . . . 01483 571122

### Housing

Step by Step . . . . . 01252 346100  
Hyde Housing Association . . . . 02380 337334  
Rushmoor Borough Council . . . 01252 398398  
Hart District Council . . . . . 01252 622122  
Hampshire Youth Bureau . . . . 01252 324499

Agencies working in partnership D'n'A:

Step by Step, Rushmoor Borough Council, Hart District Council

**D'N'A** is funded by:

Supporting People and Rushmoor Borough Council



# D'N'A

## A DRUG, ALCOHOL AND HOUSING SUPPORT SERVICE

## FOR YOUNG PEOPLE AGED 16 - 25



Surrey and  
Borders  
with Partnership  
**NHS** Trust

# D'N'A

We provide a service, centred around young people, which is easily accessible and meets a variety of needs, in a way that is individually tailored to each young person.

## Who's it for?

Anyone aged 16-25, who has a problem with the use of drugs and/or alcohol, which is causing them difficulties in accessing and maintaining housing.

The service is open to those young people residing in the area of Rushmoor & Hart.

## What does it provide?

D'N'A offers a holistic approach to drug, alcohol and housing issues.

We provide a wide range of services to young people to help reduce the problems caused by, or associated with drug and/or alcohol use.

We provide support in accessing and maintaining housing.



## What does it offer?

- ▶ free and confidential service
- ▶ one-off information sessions
- ▶ harm reduction advice, support and counselling for drug and alcohol related issues
- ▶ advice on housing issues and support in maintaining and accessing housing
- ▶ advocacy work, to include information, advice and support for health problems, education, employment, legal problems and relationship/family issues
- ▶ information and advice for parents/guardians and families
- ▶ referrals to and help to access other services
- ▶ access to young persons' healthcare and prescribing
- ▶ access to HIV, Hepatitis B & C testing, and Hepatitis B vaccinations
- ▶ relapse prevention work
- ▶ overdose prevention
- ▶ urine drug testing
- ▶ access to community detox